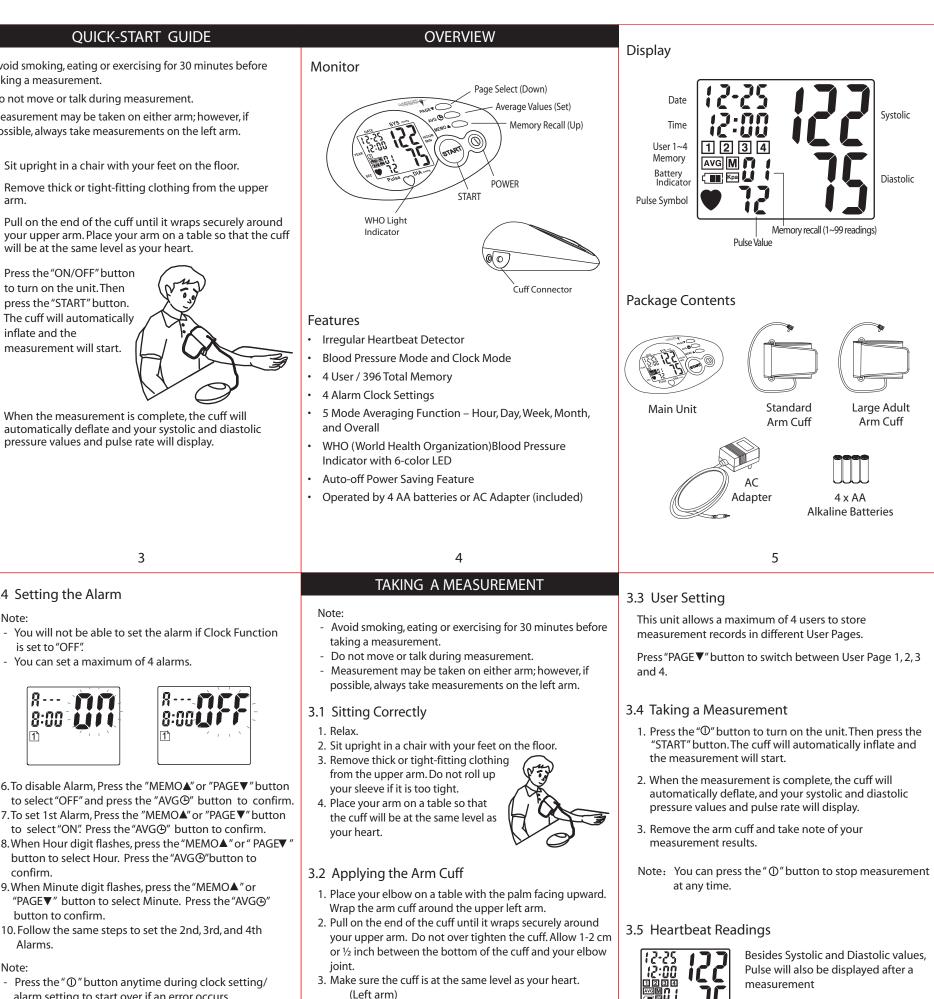
SIZE:84*145MM SAFETY PRECAUTIONS QUICK-START GUIDE _UMISCOPE®₄ Babies, young children or individuals who cannot express Avoid smoking, eating or exercising for 30 minutes before For The Quality Of Life their consent are not suitable for blood pressure taking a measurement. Do not move or talk during measurement. Individuals with serious arteriosclerosis are not suitable Measurement may be taken on either arm; however, if for blood pressure measurement. possible, always take measurements on the left arm. Blood pressure readings may fluctuate during **Advanced Upper Arm** pregnancy. Pregnant women should consult their doctor 1. Sit upright in a chair with your feet on the floor. before taking measurement. **Blood Pressure Monitor** 2. Remove thick or tight-fitting clothing from the upper If there are unusual values, please consult your doctor before taking medical action. **Model 1137** 3. Pull on the end of the cuff until it wraps securely around Handling batteries properly: your upper arm. Place your arm on a table so that the cuff - As soon as batteries wear out, replace them will be at the same level as your heart. **Instruction Manual** with new batteries. 4. Press the "ON/OFF" button Do not use old and new batteries together. to turn on the unit. Then - Align the polarities of batteries correctly. press the "START" button. - When the unit will not be used for more than The cuff will automatically 3 months, remove the batteries. Otherwise, inflate and the batteries may leak and cause damage to the unit. measurement will start. Handling the AC adapter: - Never unplug the power cord with wet hands. - Use only the original AC adapter designed for this 5. When the measurement is complete, the cuff will automatically deflate and your systolic and diastolic pressure values and pulse rate will display. Read these instructions before using your Blood Pressure Monitor. Save these instructions for future reference. 2 3 1137-INS-LAB-RevA09 **PREPARATION** 2.3 Setting the Date and Time 2.4 Setting the Alarm 2.1 Battery Installation - You will not be able to set the alarm if Clock Function Set the correct date and time before taking a 1. The battery cover is located on the bottom of the unit. is set to "OFF". measurement. To open the battery cover, - You can set a maximum of 4 alarms. push it inward and lift up. Reset date and time after replacing batteries. 2. Insert 4 AA batteries with 1. Press and hold the "AVGO" button for a few seconds the polarities as indicated. until the Year display flashes. 8:00 111 3. Replace the battery cover. 2. Press the "MEMO▲" or "PAGE▼" button to select the Press it lightly until the lock current year. securely clicks into place. 3. Press the "AVGO" button to confirm Year Setting. 4. Follow the same steps to set the Month, Date, Hour and 2.2 Connect AC Adaptor Minute. 6. To disable Alarm, Press the "MEMO▲" or "PAGE▼" button to select "OFF" and press the "AVGO" button to confirm. 7. To set 1st Alarm, Press the "MEMO▲" or "PAGE▼" button to select "ON". Press the "AVG " button to confirm. 12:04 111 (2:04**4)** 8. When Hour digit flashes, press the "MEMO▲" or "PAGE▼" button to select Hour. Press the "AVG@"button to



SIZE:84*145MM

Irregular Heartbeat

This unit has a unique feature that alerts user of irregular heartbeat detection during measurement.

Plug the AC 6V adaptor into the AC adaptor jack located at

the side of the device. next to the blood pressure cuff port.

Note: Remove the batteries when using the AC adaptor.

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defined as a heartbeat rhythm that has a variation of more than 25% from the average rhythm detected during measurement. If an irregular rhythm occurs twice or more during the same

measurement, the display screen

Note: An irregular heartbeat is



will show the pulse value and "IH" symbol alternately. Example: (90 / IH)

Note: Please consult your doctor if irregular heartbeat

Regular but Below Normal Heartbeat

If the monitor detects a pulse rate below 60 beats per minute during measurement, the monitor will display the pulse value and "LO" symbol alternately. Example: (58 / LO)





Regular but Above Normal Heartbeat

5."ON" and "OFF" will then flash. This is to have the clock

display when the unit is not in use; you can choose

Clock Function "ON" or "OFF". Press "MEMO▲" or "PAGE ▼"

button to select. Press the "AVGO" button to confirm.

Note: If you select Clock Function "ON", you will continue at

the Alarm Setting section. Otherwise, setting will end.

If the monitor detects a pulse rate above 100 beats per minute during measurement, the monitor will display the pulse value and "HI" symbol alternately. Example: (102 / HI)



3.6 WHO Light Indicator This unit features a 6-color LED light indicator to display blood pressure level in accordance with the WHO (World Health Organization) classification.

alarm setting to start over if an error occurs.

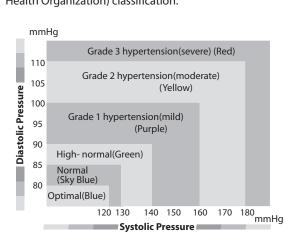
- Each alarm lasts 45 seconds, or you can turn it off by

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button to confirm

pressing the "O" button.

Alarms.



WHO Classification Color Optimal -Blue -Sky Blue --Green Mild hypertension -----Purple WHO Light Indicator Moderate hypertension ---Yellow Severe hypertension -----Red

Example: If your measurement reading is 122/75, the LED light will display the color in blue.

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SPECIFICATIONS

MEMORY FUNCTIONS

After measurement, the last set of measured values will be saved automatically after measurement when the unit is turned off by pressing "①" button or by automatic power-off after 3 minutes.

Mark cloth

Keep 1~2cm between elbow joint and arm cuff

4.1 View Past Readings

1. Press the "MEMO▲" button to enter memory function. 2. If the User Page is not what you want to view, press the

"PAGE▼" button to select. 3. Press the "MEMO▲" button to display the next sets of values for the user selected. Past readings are displayed from the most recent to the oldest.

4. This blood pressure monitor can store up to 99 sets of past readings for each user (4 x 99).

4.2 View Average Readings

1. Press the "AVG⊕" button to enter Average function. 2. If the User Page is not what you want to view, press the "PAGE ▼" button to select.

3. Press the "AVGO" button to view different Average Values. 5 different Average Values are available:

Symbol on Display	Average Values of
1 h	One Hour
1 d	One Day
7 d	One Week
30 d	One Month
ALL	All Readings

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4.3 Delete Past Readings

Pulse

User can delete all the past readings stored in each User

1. Press the "PAGE▼" button to select the User Page you

want to delete. 2. Press and hold the "MEMO▲" & "PAGE▼" button

simultaneously for 5 seconds. Symbol of "ALL EE" will be displayed and all past readings stored in that User Page will be deleted.

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Symptom	Possible Cause	Solution
No display when you press the Power/Start button	Batteries are worn out	Replace with new batteries
	Battery polarities are incorrect	Re-align batteries in correct polariti
"Err P" displays	Failure to inflate	Ensure the cuff is properly connect replace the air tu if it is broken
"Err 1" displays	Deflating too rapidly	Return for service
"Err 2" displays	Movement during measurement	Do not move duri measurement
	Signal interference	Remove interferir source, e.g. mobile phones, magnets
"Err 3" displays	Incorrect results	Measure again

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Keep the unit away from direct sunlight, extreme temperatures, humidity or moisture.

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STORAGE & MAINTENANCE

- Use a dry or slightly water-dampened cloth to clean
- the unit.
- Do not use alcohol, benzene, thinner or other volatile liquids to clean the unit.
- Do not wash the arm cuff or expose it to liquid.

Remove the batteries from the unit when it will not be used for more than 3 months.

Model No.	1137
Measurement Method	Oscillometric
Measurement Range	Pressure: 20 – 280 mmHg
	Pulse Rate: 40 – 195 beats/min
Accuracy	Pressure: +/- 3 mmHg
	Pulse Rate: +/- 5%
Inflation	Pump driven
Pressure Detection	Semi-conductor
Power Supply	4 x AA batteries or AC/DC adaptor
Auto Power Off	3 minutes after last operation
Storage Environment	-4°F to 140°F, 10% to 95% RH
Operation Environment	50°F to 104°F, 30% to 85% RH
External Dimensions	7.7" (L) x 5.0" (W) x 2.4" (H) or
	19.5(L) x 12.6(W) x 6.2(H) cm
Net Weight	380g (batteries excluded)
Cuff Dimensions	Standard Cuff accommodates
	22-34 cm arm circumference;
	Large Adult Cuff accommodates
	up to 42 cm arm circumference
Package Contents	Standard Cuff, Large Adult Cuff,
	Instruction Manual, 4 AA alkaline
	batteries, AC Adapter

Note: Specifications are subject to modification without prior notice.

LIFETIME LIMITED WARRANTY

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GF Health Products, Inc. offers a lifetime limited warranty on defects in material and workmanship for this product, except as noted below:

This product warranty does not cover damage caused by misuse or abuse, the attachment of any unauthorized accessory, alteration to the product, or any other conditions whatsoever that are beyond the control of GF Health Products, Inc. GF Health Products, Inc. shall not be responsible for any type of incidental, consequential, or

special damage. To obtain warranty service on your Lumiscope Model 1137 Advanced Upper Arm Blood Pressure Monitor, please contact the Lumiscope Repair Department at 1-800-672-8293. There is a \$15 fee for return shipping and

handling. Please make checks payable to GF Health Products,

Upon receipt, we will repair or replace, as appropriate, the Advanced Upper Arm Blood Pressure Monitore and return it to you. This warranty does not include any labor charges incurred in replacement part(s) installation or any associated

freight or shipping charges to GF Health Products, Inc. Warranty is solely through the Repair Department. Service of this product by anyone other than the Repair Department voids warranty.

GF Health Products, Inc. 2935 Northeast Parkway Atlanta, Georgia 30360 telephone: 800-347-5678, 770-447-1609 fax: 800-726-0601, 678-291-3232



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